

# Join In

## HAVE FUN!

Interscholastic/Intramural Sports Programs for Seventh and Eighth Grade Students

### Fall Programs

- Girls Cross Country Track
- Boys Cross Country Track
- Girls Field Hockey
- Girls Soccer
- Boys Soccer

### Winter Programs

- Girls Basketball
- Boys Basketball
- Wrestling
- Cheerleading
- Gymnastics

### Spring Programs

- Girls Softball
- Co-Ed Golf (Intramural)
- Co-Ed Tennis (Intramural)
- Girls Lacrosse
- Boys Lacrosse
- Volleyball (Intramural)



**George Fischer Middle School**

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Carmel, NY 10512

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**GEORGE FISCHER  
MIDDLE SCHOOL**

**EXTRA-CURRICULAR**

**GTMS  
& ACTIVITIES**

**2007-08 SCHOOL YEAR**

**Academic Triathlon** — Academic Triathlon is an intramural thinking skills and creative challenge club. Members meet for practice and fun every week from November until March/April. Students participate in three or four inter-school meets with other area middle schools from December through March. Any sixth, seventh or eighth grade student is welcome to join.

**Art Club** — Open to a limited number of GFMS students who are interested in developing their visual art skills. Students can often receive one-on-one instruction and the opportunity to work on special school and community related art products.

**Dance Club** — Open to seventh and eighth grade girls who share a love for dance. In addition to regular rehearsals, the girls are able to take part in an "Evening of Dance" which is a performed with the Carmel High School varsity and junior varsity Dance Teams.

**Future Business Leaders of America (FBLA)** — The GFMS chapter of FBLA serves as an important stepping stone for participating in the high school's chapter of this national, state and local organization. Members are active in school and community partnerships that exemplify the club's overall mission of community service; educating themselves and others; and promoting progressive ideas through professional connections. Students learn best business practices and participate in fundraising and in charitable collections for groups such as the Putnam Humane Society. The club is open to all students.

**General Organization (GO)** — GO is the student government that represents the GFMS student body. Officers include a President, VP, Secretary & Treasurer as well as student representatives from each homeroom. The GO is involved in community service projects such as food and clothing collections. They plan school activities such as dances and keep students informed. The GO meets on Wednesday afternoons.

**Mathcounts** — The math club is open to all sixth, seventh and eighth grade students who have an interest and love of mathematics. The students meet once a week to explore various mathematical problem solving procedures, games involving math, as well as computer generated activities. The students participate in the annual Mathcounts® competition sponsored by the National Council of Teachers of Mathematics and the Society of Professional Engineers.

**Musical Groups**

- **Junior Dance Band**—7th and 8th grade students who play piano, drums, bass, guitar, saxophone, trumpet and trombone are selected through audition. The Junior Dance Band plays a wide variety of music including, but not limited to jazz, Latin and rock. Rehearsals are held once a week.

- **Rock Ensemble**—This club provides an opportunity for talented 7th and 8th grade students who enjoy performing popular music from many different decades. Rock Ensemble rehearses from September to May, finishing the season with several school day assemblies and an evening concert. Members are chosen by audition and include approximately 25 singers and 8 band members.

- **Select Strings**—Open to 7th and 8th grade students who play violin, viola, cello, bass or piano. The group plays alternative style music such as pop, rock, bluegrass and jazz, with the possibility of improvisation and solo playing. There is one scheduled concert in the spring. Rehearsals are on Wednesdays from 2:35 PM to 3:20 PM.

- **Small Chamber Ensemble**—Open to 7th and 8th grade percussion players who are interested in broadening their ability. Students will play together in a smaller ensemble type of setting and will perform traditional ensemble pieces as well as non-traditional pieces.

**Reflections - PTA** — The Reflections Program is an annual National PTA program sponsored and hosted by the GFMS PTA which showcases student talents in literature, musical composition, visual arts,

photography/film/video and dance/choreography. Students in all grades may enter original works in one or more of these categories that support the theme for that school-year. Entries are judged locally by a panel of professionals. First, second and third place winning entries for each category are sent for inclusion in the regional level, and then possibly the state and national level.

**Science & Technology Fair** — The Science & Technology fair is a great event. It takes place in the spring and is open to all GFMS students. Projects can be entered in the categories of biology, physical science, technology, math and earth science. Awards are given to the first, second and third place winners from each category.

**Spotlight** — This club meets once a week to read and critique poems, short stories and art work to be published in the GFMS Spotlight Literary Magazine. Spotlight Literary Magazine showcases original pieces from fifth to eighth grade students. The members work together to produce this memorable magazine.

**Yearbook** — The annual publication of middle school memories is open to all GFMS students. Meetings are held every Thursday. The yearbook staff works on photography, keyboarding, layouts and selling ad and booster space. Students learn how to design a yearbook page.

**Yoga Club** — Yoga is the ancient practice of linking exercise with the mind; of working through poses to develop concentration, focus and self-discipline. Through practice students will also gain confidence, increase balance, learn respect for others, and develop strength and flexibility. The club meets twice weekly.

**Most clubs begin in September.**

**Be sure to listen to daily announcements for meeting times and locations.**