

Interscholastic Sports Programs

Check with the Athletic office for details and try-out information.

Fall Programs

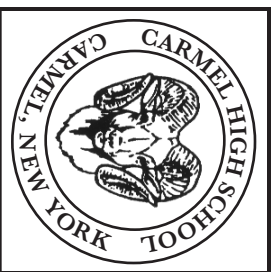
- Cheerleading (Varsity, JV, Freshman)
- Cross Country (Varsity, Boys & Girls Teams)
- Field Hockey (Varsity, JV)
- Football (Varsity, JV, Freshman)
- Girls Tennis (Varsity)
- Girls Volleyball (Varsity, JV)
- Soccer (Varsity, JV, Boys & Girls Teams)

Winter Programs

- Basketball (Varsity, JV, Freshman, Boys & Girls Teams)
- Bowling (Varsity, Co-Ed)
- Cheerleading (Varsity, JV)
- Gymnastics (Varsity)
- Ice Hockey (Varsity, Modified)
- Skiing (Varsity, Boys & Girls Teams)
- Track (Varsity, JV, Boys & Girls Teams)
- Wrestling

Spring Programs

- Baseball (Varsity, JV, Freshman)
- Boys Tennis (Varsity)
- Girls Softball (Varsity, JV, Freshman)
- Golf (Varsity, Co-Ed)
- Track (Varsity, JV, Boys & Girls Teams)



Carmel High School

30 Fair St.

Carmel, NY 10512

(845) 225-8441

*Carmel High School values Respect,
Responsibility and Academics*

CARMEL HIGH SCHOOL

EXTRA-CURRICULAR

CLUBS & ACTIVITIES

YET ANOTHER ASSIGNMENT:

JOIN & HAVE FUN!

Adelphi Step Club

— Students of various heritages come together to create and perform a complex syncopation in percussive foot stomping and hand clapping to a rhythmic beat. Members perform in various school and regional events. Practices are held on Monday and Wednesday from 3:30-5:30 PM and an occasional Friday from 2:00-3:10 PM.

Art Club

— Designed for students with any level of artistic talent. Students are encouraged to have fun and explore different styles of artistic expression while reaching out to both the school and town communities. Main activities include fundraisers. The majority of money raised goes to charities and to Art Club trips. Past community projects have included painting murals at local libraries.

Chess Club

— Open to all students who play chess. Students meet twice weekly. Students participate in tournaments of varying ability levels.

Digital Media Club (DMC)

— Members participate in the production of digital videos that highlight the Carmel community and CHS academic, artistic, musical, social and sporting events. Videos are broadcast on Rain TV (Ch. 22) and the DMC website. The club meets on Wednesdays at 1:50 PM. Members review projects, brainstorm ideas and learn tips & tricks for filming and editing videos, as well as adding graphics and sound. Students can use their own equipment and the school's digital media lab equipment.

Drama Club

— Open to all who want to let their inner actor out and work with a variety of people. Students direct and perform in two shows yearly. Meetings range from once a week to five times a week once the play and cast has been selected.

Empire

— Formerly known as Ramifications, this is a student-run literary magazine published each year. Contents include poems, short stories and artwork of Carmel High School students.

French Club

— Students interested in the French language and culture meet two to three Wednesdays per month. Study of French language is recommended but not required. Activities include volunteering at the Putnam County Humane Society; participation in CHS Kids' Day, the International Dinner, Homecoming, trips to plays, restaurants and other cultural events. Every other year, members of the French Club host the induction ceremony for the French National Honor Society, "Les Etoiles de Carmel".

Future Business Leaders of America (FBLA)

— An association for students that is organized on national, state and local levels. CHS FBLA members are active in school and community partnerships that exemplify the club's overall mission of community service, educating themselves and others and promoting progressive ideas through professional connections. Students explore career possibilities, travel and meet new people.

Human Rights Club

— The club's mission is to expand awareness of human rights violations, recognize and celebrate diversity, and promote positive action work in our school, community, and beyond. Members work closely with the Putnam Community Action Program. Activities include collections for UNICEF, winter coat drive, Thanksgiving food drive, holiday gift drive, Kids' Day, baby supply drive and blood drive. The club organizes a fall fundraiser and a spring Diversity Month.

2007-2008 SCHOOL YEAR

Interact — A Rotary-sponsored service club. The program gives students an opportunity to participate in fun, meaningful service projects while developing leadership skills and meeting new friends.

Italian-American Club — Open to all students who study or have studied Italian and to those of Italian descent. Activities include the Foreign Exchange Program with our sister school in Mantova, Italy, the Faculty Tea, Homecoming, Kids' Day, the Talent Show, a Valentine's Day Party for residents of the Putnam Nursing Home, plays, restaurants and cultural events. The club meets every other Wednesday. Every other year, members of the Italian-American club serve as hosts for the induction ceremony of the Italian National Honor Society.

Mock Trial — Open to all high school students. Members participate in state-wide competitions in which students act as lawyers and witnesses in a specific case. The tournament usually begins in February/March. Club meetings are held once a week.

Musical Groups — Students may participate in the following musical groups:

- **Bella Voice** — Chamber choir principally for acappella and classical music. Rehearsals are every Friday. In addition to school district performances, the group may perform at other venues throughout the year.
- **CHS Singers** — A select group that performs popular and music from Broadway musicals. The ensemble is featured at the annual Pops Concert.
- **Jazz Band** — Open to any student who plays saxophone, trumpet, trombone, drums, guitar, piano or bass. In addition to school concerts, the group performs for a variety of functions in the community and is featured at the annual Pops Concert each winter. Rehearsals are on Wednesdays from 2-3 PM, with additional rehearsals scheduled before performances.
- **Men's Choir** — Open to male students in grades 9-12 who wish to participate in an all men's chorus with various musical genres.

- **Music Council** — A group of students who help the music directors oversee the many functions of the Music Department, including planning trips, assisting with concert preparations, performing accounting functions for the activity fund, and making decorations for the Pops Concert.

- **Music Production Workshop** — Each year students are encouraged to try out for parts in either the high school music production or the pit orchestra. Rehearsals are Monday-Friday from 3-5 PM and run from December through the play's production in March/April.

National Honor Society — Junior and senior students who achieve an 87 average are invited to apply for membership. The application requires that students document service to the school and/or greater community. Additionally, leadership and character are important factors considered by the faculty committee that reviews applications. Membership is not simply an award. Members must maintain their excellence in all four areas. In addition to monthly meetings, the club members participate in a variety of school activities as a group, supporting other organizations in the school community and initiating its own events. Members do the same individually and in small groups for the community at large. Activities range from in-house tutoring to fundraising for Friends of Karen.

Peer Assistance Leaders (PALs) — Members act as ambassadors to Carmel High School by developing and implementing strategies to assist new entrants to acclimate to the high school. PALs answer questions, provide information, give tours of the school, direct new students to their classes, help them with their locker and student planner. Members also assist elementary students with academics, participate in Kids' Day and organize an annual Valentine's Day school-wide fundraiser with all proceeds donated to charity. PAL members must exemplify leadership, citizenship and reliability. Prospective applicants are required to submit an application for membership. Meetings are held two Wednesdays each month after school.

Photography Club — The club meets weekly after school and students have the opportunity to learn how to use a variety of cameras (except digital) and darkroom equipment. Students use their own cameras, film and photo paper. They develop black and white film and print photographs from their own negatives. Techniques in matting and framing for portfolios and presentations are also demonstrated. Students work at their own pace and can schedule darkroom time around their individual schedules. Membership is open to all high school students.

Ram Report — The High School newspaper is open to all Carmel High School students. Students research and write articles dealing with school and community issues, take photographs, draw cartoons, and sell advertisements to create the newspaper throughout the school year.

Ramettes Dance Teams — Both the JV and Varsity Dance Teams are competitive teams that perform at various events, competitions, and Boys Basketball games throughout the school year. There are ability requirements to make the team and students must audition. Auditions are generally held in June. The teams meet 2-3 times each week.

Rock Club — Members meet once a week to learn and practice songs, with the intention of performing. While the club is open to all Carmel High School students, they must pass an audition. There are at least two shows each year. Students set the program from a pool of classic rock songs and others of their own choosing.

Science Club — The club where "we blow things up for its educational value." Activities include experiments, demonstrations, a field trip to the Science Center, Murder Mystery Dinner Play (a fundraiser) and the Liquid Nitrogen Ice Cream Sale. Meetings are held after school on Mondays (except the 1st Monday of each month).

Spanish Club — Open to all high school students currently or previously enrolled in Spanish and those students of Hispanic descent. Activities include hosting the International Dinner, Kids' Day,

Homecoming, piñata-making, trips to plays, restaurants and cultural events. The club is designed to promote student interest in Spain, Central and South America. Meetings are generally held every third week, with more frequent meetings prior to the International Dinner. The club serves as the host to the induction ceremony held every other year for the Spanish National Honor Society called, "Los Sobresalientes de Carmel".

Student Government — In April, each class elects class and school-wide representatives to lead the student body in fundraising events and school activities.

Student Mentor Program — Open to juniors and some sophomores, students apply and are selected for the Student Mentor program in the spring. Student Mentors interact with their assigned incoming freshman throughout the school year to orient students to the high school building and culture, answer questions, direct them to where they can seek help if needed and generally encourage them to succeed in high school. Training takes place in May/June and again in August.

Technical Stage Crew — Students learn the proper use and care of stage lighting and audio equipment, then apply this knowledge during various stage events throughout the year. Events have included the Music Production Workshop, Drama Club productions, Coffee Houses and various Talent Shows. Meetings are held from 2-3 PM on most Mondays and whenever necessary to practice for an event.

Yearbook — Open to all high school students, meetings are held each Friday. The yearbook staff works on photography, typing, layouts, selling ad space and mailings. The editors (usually 5 or 6 students) work more on graphic design and the layout.

Most clubs begin in September.

Be sure to listen to daily announcements for meeting times and locations.